

# Training for School Staff

First Aid

Off-site Safety  
Management

Personal Development



# Training Expertise

Training Expertise  
Expertise House  
9 Cufaude Business Park  
Cufaude Lane  
BRAMLEY  
Hampshire  
RG26 5DL

01256 886543

[www.training-expertise.co.uk](http://www.training-expertise.co.uk)

## Our Company

Training Expertise is a Limited company registered in the UK.

### Our Aim

We are a specialist company committed to running quality training programmes. We aim to consistently deliver tailored courses that are effective at transferring knowledge, skills and attitudes to employees.

### Our Philosophy

We are committed to building long-term partnerships with our clients to enable us to deliver tailored training solutions. To achieve this we invest time and energy in finding the right training for groups, and designing an effective training package.

To meet your needs we aspire to integrate training into your systems to support your wider goals.

## What we do

Since 1998 we have been working to design training courses in the fields of pre-hospital care, emergency planning and incident management.

We appreciate the needs of schools and colleges. This has evolved through working with teachers and staff through our sister company Wilderness Expertise that provides personal development programmes for schools.

Over the years we have built a network of elite trainers to deliver this range of tailor made programmes. These include doctors, subject matter specialists, paramedics and crisis management experts. We pride ourselves on the quality of training, adaptation to the operating conditions and recommendations of practical solutions.

## First Aid Courses for Teachers & Support Staff

Providing effective training for teachers requires trainers who can deliver the material efficiently in a short space of time and have enough background knowledge to gain credibility and answer diverse questions. Teachers are discerning customers and we work hard to ensure our training surpasses expectations.

### **Life Saver: Level 1**

For all staff and teachers we recommend an 8-hour certificated course. This course is aligned to the HSE Appointed Person course syllabus. The focus is on leaving candidates confident and competent to manage an incident in their workplace until further help arrives. The course includes incident management, patient assessment, critical interventions including CPR and Epi-pens and a focus on when to get help.

The course fulfills the requirements for the Basic Expedition Leaders Award holders and the 1 day HSE Emergency First Aid level.

Course can be run for between 12 and 84 staff and can be integrated as part of an INSET training day.

### **Sports First Aid**

Playgrounds and sports fields account for a large number of injuries in the school setting. Therefore we have put together an 8-hour course focused on sport coaches and referees. This looks at all aspects of sports related injuries and deals with the difficult decision of when students should stop playing or play on.

### **Emergency First Aider: Level 2**

Staff on off-site educational visits face different challenges with more environmental factors, delayed response times from emergency services and exposure to diverse hazards. Therefore we recommend a 16-hour certificated course which includes the level 1 syllabus, treatments for fractures, burns and bleeding, environmental considerations and advice for delayed evacuations.

### **Remote First Aider: Level 4**

This 16-hour course builds on the Level 2 course to focus on skills for remote expedition venues in the UK and overseas. Specific consideration is given to illnesses and injuries likely to be encountered on expedition. This could include malaria, altitude considerations, dislocations and road traffic accidents.

The course builds the skills to enable members of staff to effectively support an evacuation.

Full course details are held on our website [www.training-expertise.co.uk](http://www.training-expertise.co.uk).

Trainer Profile...

#### **Peter Harvey**

Peter has a passion for training and uses dynamic and innovative methods to ensure the training is both enjoyable and effective.

His detailed understanding of Health and Safety standards and procedures enable him to tailor training seamlessly into the wider systems.

Peter has a background as an EMT-B and has experience as a medic, occupational psychologist and as a consultant in the field of operational systems.

## Medical Centre Staff Training

Maintaining competency in core skills is a challenge with the level of work and pressure on many of the full and part-time staff that support the running of medical centres and sanatoriums. Therefore we offer flexible training solutions to fit around shifts to enable staff to keep confident and competent in a range of skills.

The courses tend to be tailored to meet the specific equipment, location and needs of the medical centre team. As a taste of what can be provided we have outlined 4 of our most popular courses for medical centre staff.

### **Resuscitation refresher (AED and Medical Gases)**

This 6-hour certificated course refreshes basic life support guidelines and includes the use of AEDs and medical gases which are held onsite. The course is valid for 12 months and ensures that all staff are confident to provide effective resuscitation.

Note. AED training is often available for free from the AED supplier / servicer. This may be a more cost effective solution.

### **Sport Injuries**

This 6-hour course focuses on sports injuries and their management in the short and medium term. The course is practical and focuses on practical interventions. The content is tailored to the school's main sports risks and likely injuries.

### **First Aid At Work (HSE)**

This course conforms with the HSE legislation for the provision of trained First Aiders at work. The 3-day course allows copious time to develop good First Aid skills.

The large chunk of time can be used as a team building period for the medical centre team. Rather than sending individuals off to off-site courses we recommend a bespoke course that brings the team together and allows the course to be tailored to the site, facilities and response times.

### **First Aid at work re-qualification (HSE)**

This course contains the HSE re-qualification syllabus for the First Aid at Work qualification for those who have the 4 day FAW qualification and wish to renew before the 3 year expiry date. This course requires 2 days and is valid for 3 years.

### **First Aid at work annual refresher (HSE)**

The HSE strongly advise that people with the First Aid at Work qualification attend an annual refresher course. This 3 hour basic skills refresher covering incident management, accident procedure and CPR fulfills this and ensures staff are up to date with their skills.

Trainer Profile...

#### **Naomi Roberts**

Naomi started out as a psychologist and vet and now works as a trainer in the field of HSEC and Pre-hospital care.

Her understanding of human behaviour enables her to touch on the wider aspects of performance and incident prevention.

Her experience includes work with Mountain Rescue teams, expeditions and remote groups.

Naomi speaks French and is a qualified mountain leader.

## Additional Services

In addition to the medical courses we provide a number of other services which are outlined below:

### ***Emergency Response Planning***

For expeditions and trips traveling internationally we can assist in developing effective emergency response plans to expedite an evacuation. In addition we have designed crisis management plans for schools.

### ***On-call service***

We provide an on-call system for trips working overseas. This enables trip leaders to speak with a Doctor and support-team 24/7 during an expedition. The support team can liaise with local rescue solutions and implement the Emergency Response Plan. A clear interface between the school and support team is put in place to ensure role clarity and mutual support.

### ***Off-Site Safety Management***

This 2-day course provides trip leaders with the skills to plan off-site trips effectively. The course is practical and applied to the reality of coordinating and running off-site visits.

### ***Personal Development Courses for Students***

Our sister company Wilderness Expertise runs UK based personal development courses as well as international personal development expeditions. For more information visit [www.wilderness-expertise.co.uk](http://www.wilderness-expertise.co.uk).

## Prices

We run two types of courses:

- Open courses for individuals. See [www.training-expertise.co.uk](http://www.training-expertise.co.uk) for dates and prices;
- Closed courses for groups run at a venue at or close to the group. All our closed courses are inclusive bar venue and food costs.

For specific “closed” course details please do get in touch for a bespoke price. As a rough guide we have listed our standard prices below:

- 4 hour courses for up to 12 candidates: £550
- One Day Courses for up to 12 Candidates: £650
- Two Day Courses for up to 12 Candidates: £1000

These prices include manuals, trainer, travel expenses but exclude accommodation, venue and catering.

*Prices above exclude VAT.*

## The next step

For further details and trainer CV's please visit our website at [www.training-expertise.co.uk](http://www.training-expertise.co.uk) or contact Jon Parry:

Mobile: 07764 894470  
Office: 01256 886543  
Email [jon@training-expertise.co.uk](mailto:jon@training-expertise.co.uk)

Moving things forward is best done face to face so if you do have time it would be great to meet and tailor these services more effectively.

Many thanks and we look forward to working with you.