

Course Description

Travel Safe



Training Expertise



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Travel Safe

What is it?

This 8 hour course aims to educate business travellers about potential hazards, how to reduce the risks and how to respond if you are caught up in an incident. The course is a practical guide to travelling safety and includes a health workshop, travel tips and how to get additional medical help.

How long does it last?

One day. Training typically runs from 9am until 5.30pm.

What does it cover?

Pre trip preparation

- Research
- Medical Considerations
- Itinerary Planning
- Documentation

Health

- Malaria
- Traveller's Diarrhoea
- Food and Water
- Thrombosis

Flights and in country Transport

Incident Management

- Risk Assessment
- Personal Safety
- Common dangers and annoyances
- Safety Systems
- Medical Repatriation
- In country help Police/ Consular Services
- Hospitals and Dentists

Cultural Awareness

- What to wear
- Women travelers
- Local customs and norms

Do I get a certificate?

Yes – you will be issued a certificate of attendance valid for 2 years.

Who should I contact?

To find out more, contact the Training Expertise team on info@training-expertise.co.uk or **01344 466390**.